

Ultimate Adventure Tour, 3D2N

It just isn't possible to explore rural Borneo by any other means which will allow for such an intimate cultural and adventurous experience. The mystique and commanding presence of Mt Kinabalu throughout this ride provides a vista that changes almost minute by minute and by the end of the third day, riders feel a deep connection with one of the world's most unique mountains.

Join us for a most amazing mountain bike expedition. This is a three day adventure of a lifetime – biking the foothills of Mt Kinabalu. We pass through remote villages, cross rivers and trek through secondary rainforest. This expedition is as far from the tourist trail as you can get. Some sections are too rough for bikes so they are transported ahead while we trek through the jungle. We have good bikes; otherwise you can bring your own bike. The ride is fully supported by vehicles and at least one riding guide will accompany the riders at all times. First aid kit and rescue equipment are all standard for the riding guide.

Itinerary guide

Day 1 – You will be collected from your hotel in Kota Kinabalu before being driven to Kiau Valley where we will begin the ride. We then ride down through Kiau Valley to Kampung Kaung (20km ride) with excellent views of the jungle-clad valley and Mt Kinabalu. When we get to the end of the ride-able trail, we put the bikes onto the truck and from here we walk through Kampung Kaung where we begin the jungle trek^{**} (if weather permits). We make a few river crossings until we arrive at the paddy fields of Kampung Tambatuon where we overnight in the village community homestay. There are comfortable dorms and a huge veranda facing the granite walls of the western flanks of Mt Kinabalu. In the evening, there will be a sit-down dinner of local cuisine prepared by our guides and to chat through the days thrills while the team service the bikes and get ready for the second day's adventure.

** Trekking will be cancelled if there is: Thunderstorm/Flash flood/Land slide/Any unforeseen circumstances. Trekking will be replaced to another ride extension at the beginning of the ride or to the homestay village or both.

Day 2 – This is a full day in the saddle. We head north on mostly gravel roads for 25km, stopping to swim in cool rivers and entertain the bemused locals. There are lots of cool drinks supplied by the support vehicle along the way. We stop for some local cuisine at the quiet frontier town of Taginambur for lunch. We then continue riding to our hotel in Kota Belud, a bustling district town just north of Mt Kinabalu. Tonight, we will have dinner at Joe's café (otherwise dinner location will be advised upon guest's strict diet), a piece of Kota Belud's history, very popular among the allies during the WW. Kota Belud is home to the Bajau tribe (or sea gypsy). Originally from the south of Philippines, they settled down on the coast

from many years ago and establish their horse riding skills, thus they are also called the *Cowboys of the East.*

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Day 3 – To Paradise Camp. 15km of riding on very scenic and quite hilly roads with almost no traffic (but plenty of cows!) and stunning views of the northern gullies of mount Kinabalu, including the infamous Low's Gully. The mountain of Tamboyukon, Sabah's 3rd highest peak sits in the foreground, forbidding in its jungle shroud. A full day in the saddle. Today's journey will take us to the military camp or known as Paradise Camp. This camp was built by the British and Australian soldiers during the Second World War as an outpost to stop the advancing Japanese soldiers from the North of Borneo. We continue on sealed road before we enter the gravel section in the jungle for 15km before we finish the ride by the river. Take a well deserved swim in the river while our guides load the gears back in the support vehicle and ready to transfer to lunch. There is a changing room as well. The drive back to Kota Kinabalu takes about 3 hours.

**Optional Day 3 Ride - Depending on your health/fitness level on the second day, if you feel the two days ride are very hard and tiring, you can request for a friendly medium ride on the 3rd day. Be careful not to push yourself beyond your limit.

Notes: This Tour is almost totally away from other tour destinations, you may not see any other tourists. If at any time you feel unwell or need a rest, there is a vehicle close by. Our guides are all trained in first aid and we carry comprehensive first aid kits.

Pre-requisites

An adventurous spirit, a good level of fitness or an incredibly resilient sense of humour, a reasonable biking skills

Recommended Packing List

Riding shorts & trainers/sneakers (no sandals while riding please!),water bottle,raincoat,hand gloves, sandals/slippers for the evenings, sunglasses, suncream, insect repellent, personal medication, a change of clothes for the evening, towel, camera/mobile phone, personal bag which will be carried in the support vehicle, riding gloves, hydration backpack or a daypack.

Price

From RM1800/person

This includes good quality mountain bikes with disc brakes, cycling helmet, drinking water and isotonic drinks, allmeals from lunch Day 1 to lunch Day 3, transfers from/to KK, one night shared rooms at a resthouse/homestay at Kampung Tambatuan and one night twin-share at Kota Belud hotel, your bike guide (cum chef), snacks, first aid kits, a support vehicle, a little wine and beers (please limit your alcohol intake during the tour as the ride can be hot and humid).



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