Kiulu Valley Raft & Ride (1 Day)

A wild and wet day out for the energetic!

After a short briefing and bike fitting, you will head out for one of the most beautiful rides in rural Sabah. We cycle through small riverside villages which are home to the Dusun tribal people as well as jungle, plantations and the Dusun people's farms. The hills are thankfully few, far apart and short on the main route but if you are feeling like stretching your legs a little, our guides can take you off to explore some more adventurous trails with single-track and technical descents. A support vehicle is nearby at all times should a problem occur.

After the ride, transfer to lunch point, where you will enjoy a tasty home cook style lunch, and change into your rafting clothes (if you want to change!). This tropical weather's rafting is a fun-filled ride down the picturesque Kiulu River through jungle-clad valleys and past villages and farms with enough white water to get you excited but not enough to scare you.

## **Rough Itinerary**

(Timings to be used as guidelines only)

7.30am - Pick up from your hotel
8.30am - Ride Briefing and Bike Fitting
8:45am- Start Mountain Biking
12.00pm - Finish ride and lunch
1.00pm -Transfer to Rafting
1.30pm - Meet raft guide and safety briefing
4.30pm - Depart for Kota Kinabalu
5.30pm - Arrive back at your KK hotel

## Price

From RM475/person

This includes good quality mountain bikes with disc brakes, cycling helmet, drinking water and isotonic drinks, lunch, transfers from/to KK, your bike guide, snacks, a first aid kit, a support vehicle and the rafting session.

## Not included

Alcoholic drinks, fresh fruit juices

## Please do take note

Timings and details of the ride itinerary may change depending on staff assessment of the clients abilities and fitness levels.
 Wear shorts and trainers/sneakers (no sandals) while biking. Sandals may be worn during rafting. Bring suncream, water bottle, small backpack, raincoat, insect repellent, personal medication, towel, change of clothes for return journey, your camera.



© Fieldskills, 2024